



COVID-19 Protocols for Members

General

- **CAUTION:** The Ottawa Choral Society (“OCS”) does not guarantee a COVID-19 free rehearsal or performance space
- The OCS, at a minimum, follows the current guidelines from Ottawa Public Health, and other levels of government
- Members are expected to follow these COVID-19 Protocols
- Patience and flexibility are needed
- Assess whether *you* can safely participate
- Stay home if your attendance will put others at risk

Before Rehearsal

- Be fully vaccinated against COVID-19 with Health Canada approved vaccines
- Provide proof of full vaccination
- Complete the online waiver form **once**, at the beginning of the season, before attending your first rehearsal
- Complete the online health questionnaire form **every week**, with honesty and integrity, before each rehearsal that you plan to attend
- Avoid carpooling to limit transmission

Setup

- Responsibility for rehearsal setup is limited to a few designated people
- High touch surfaces are disinfected before rehearsal by the venue staff
- Members sanitize their hands with the hand sanitizer provided at the entrance to the rehearsal space



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During Rehearsal

- Always wear a singer's mask snugly over your nose and mouth while singing
- Outer garments are left at home, or in a vehicle, unless worn during the rehearsal
- When required, coats are draped over the back of the pew
- A 1-meter distance is kept from others, unless you live together
- The seating plan is followed for contact tracing purposes
- An attendance list is maintained for contact tracing purposes by section leaders
- Music/food/pencils are not shared, to reduce transmission risk
- To reduce transmission risk, breaks are not for socializing, but to rest your voice
- Eating and drinking does not occur in the rehearsal space since it requires mask removal

After Rehearsal

- Leave the indoor rehearsal space quickly, without socializing
- A staggered exit is managed

Very Important

- Advise the Choir Manager, Sally Sinclair, if you contract COVID-19 after attending an OCS rehearsal (or performance) in person
- This personal medical information will be kept confidential
- Members will be informed if a COVID-19 case has occurred, without naming the individual

For more information, see the following website: [Novel Coronavirus \(COVID-19\) - Ottawa Public Health](#)

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